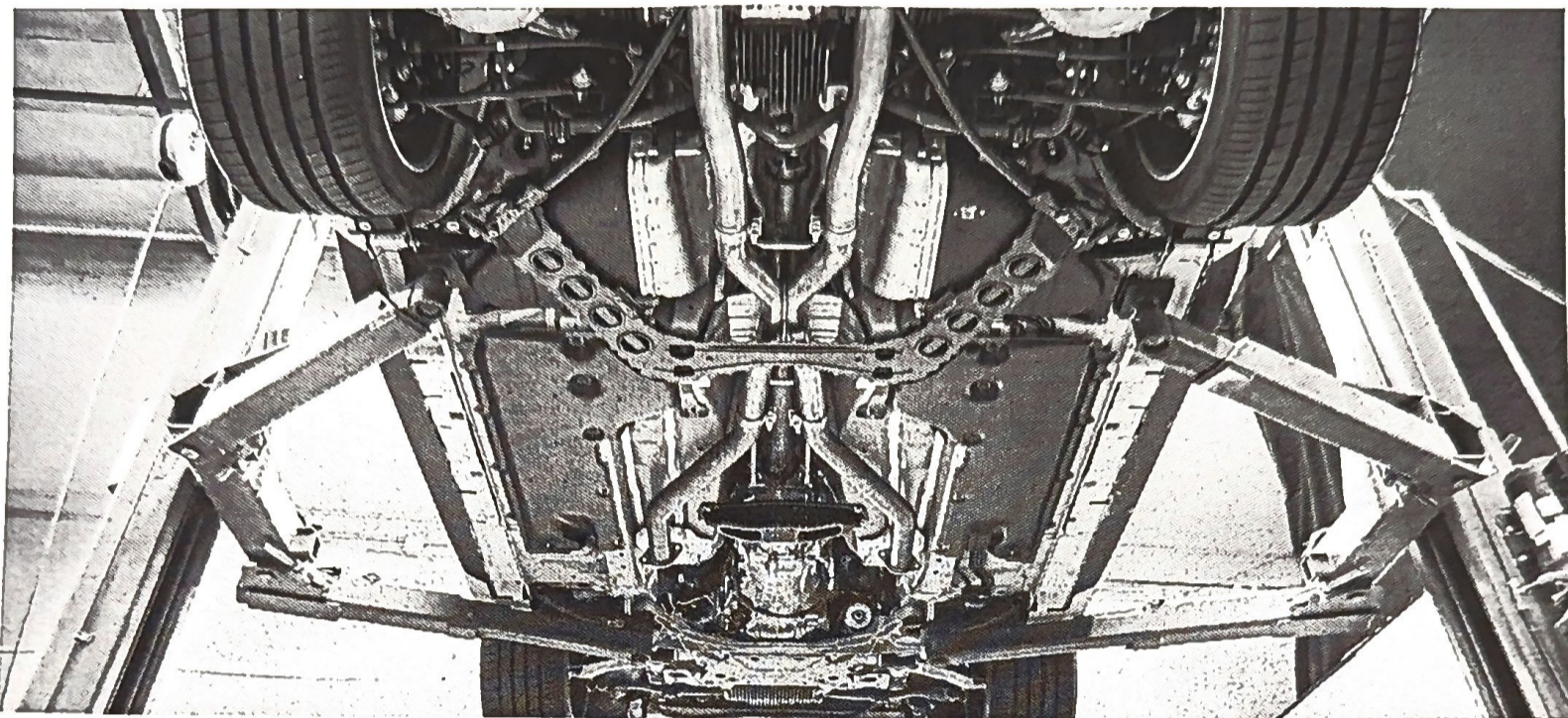


# STILLEN

## INSTALLATION INSTRUCTIONS



### **+2023 NISSAN Z STILLEN SWAY BAR KIT**

**PART#: 304345**



**WARNING:**

IF YOU ARE NOT EXPERIENCED IN THE AREA OF AUTOMOTIVE MECHANICS WE STRONGLY URGE THAT YOU REFER THIS INSTALLATION TO YOUR MECHANIC.

### **WHAT'S IN THE BOX**

*1x FRONT STILLEN SWAY BAR*

*1x REAR STILLEN SWAY BAR*

### **TOOLS NEEDED:**

- **SOCKET AND WRENCH SET**
- **WD-40**

Note: This system is designed to use the stock hanger locations. Please check the alignment of your OEM system before installation. If the tips of your OEM system are not straight or centered in the rear valance, then the replacement system will also be misaligned.

1. BEGIN THE INSTALLATION BY LIFTING THE VEHICLE TO ALLOW ACCESS TO THE FACTORY SWAY BARS. PLEASE OBSERVE ALL NORMAL SAFETY PRECAUTIONS (I.E. SAFETY GLASSES, JACK STANDS) WHEN WORKING UNDERNEATH THE VEHICLE.

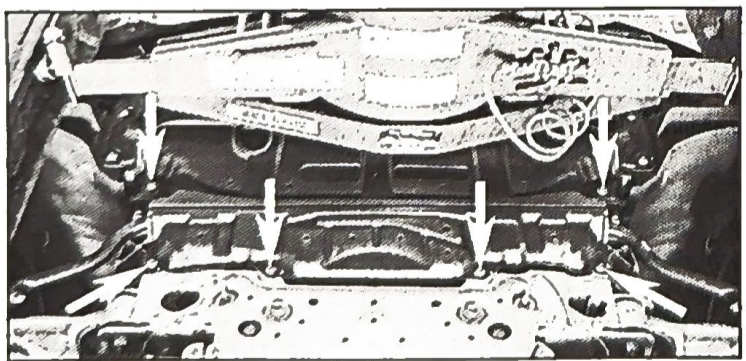
3176 AIRWAY AVE.  
COSTA MESA, CA 92626



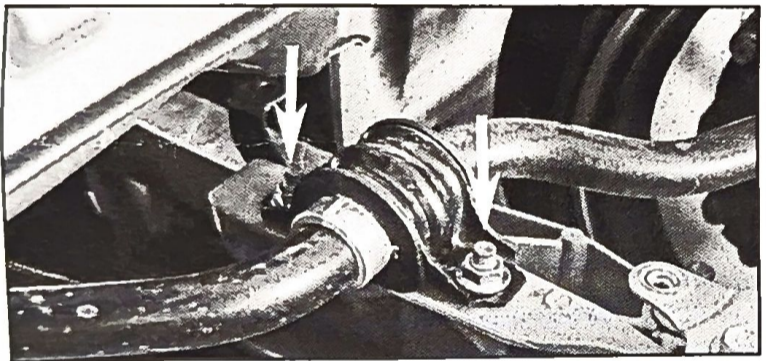
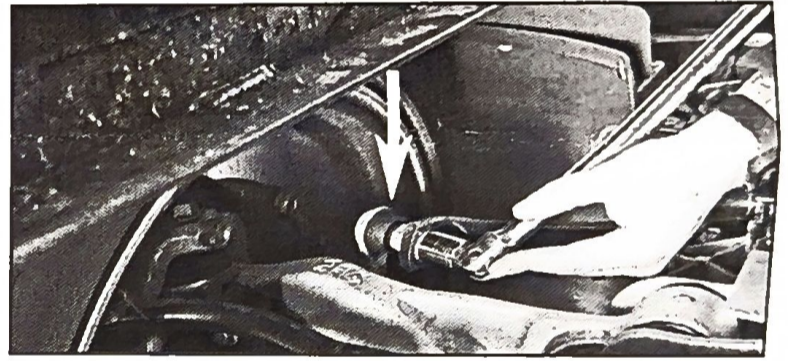
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# FRONT SWAY BAR INSTALLATION

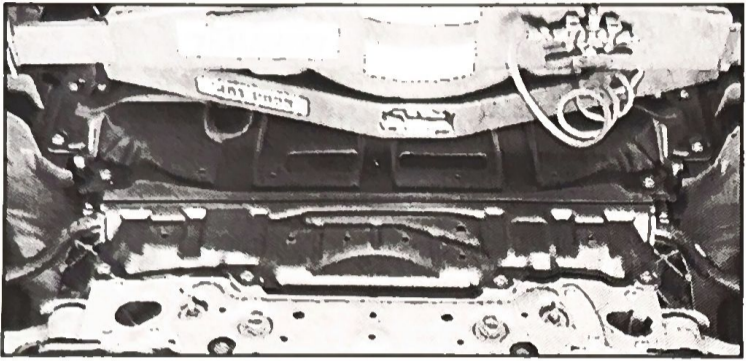
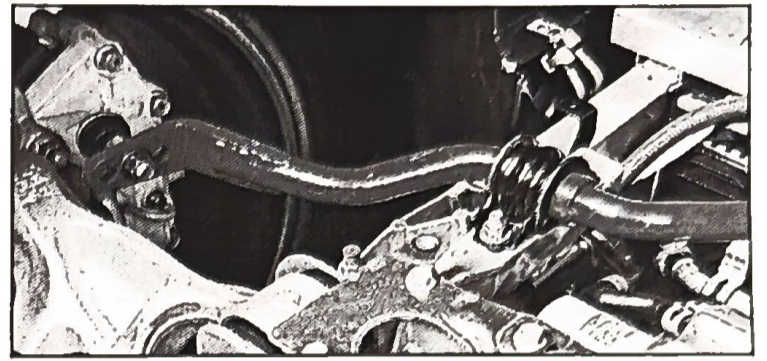
2. FOR THE FRONT SWAY BAR REMOVAL, START BY REMOVING THE SPLASHGUARD.



3. REMOVE THE NUT ON THE END LINKS CONNECTING THE FACTORY SWAY BAR. REMOVE THE 2 NUTS THAT ATTACH THE FSWAY BAR BRACKETS TO THE FRAME. REMOVE THE SWAY BAR BEING SURE TO SAVE THE OLD SWAY BAR BRACKETS AND BUSHINGS.

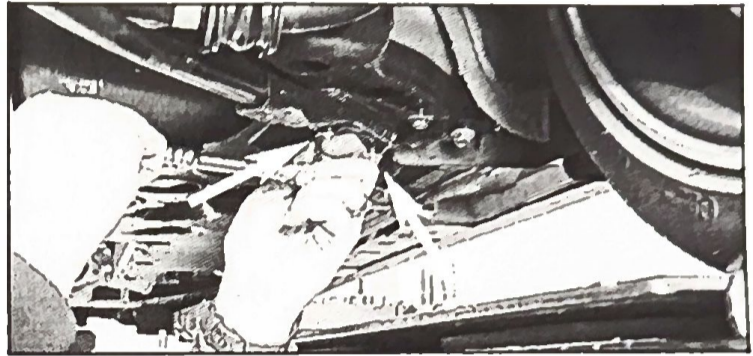
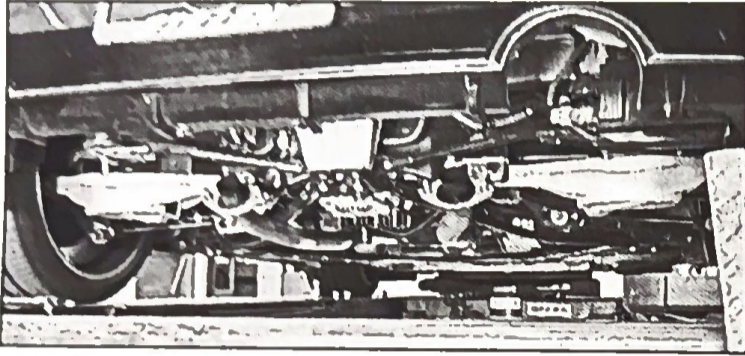


4. POSITION THE OLD SWAY BAR BUSHINGS IN APPROXIMATE LOCATIONS ON THE STILLEN SWAY BAR. LIFT THE SAWY BAR INTO POSITION AND ATTACH SWAY BAR BRACKETS TO THE FRAME. TORQUE THE SWAY BAR BRACKET NUTS TO 41-49 FT-LBS. INSTALL THE END LINKS AND TORQUE THOSE BOLTS TO 59-70 FT-LBS. RE-INSTALL THE SPLASHGUARD.

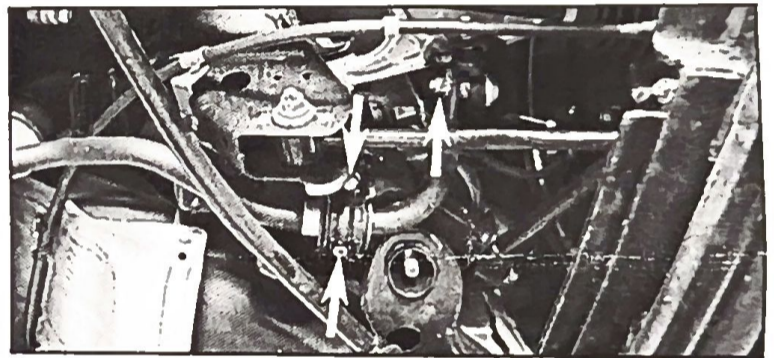


## REAR SWAY BAR INSTALLATION

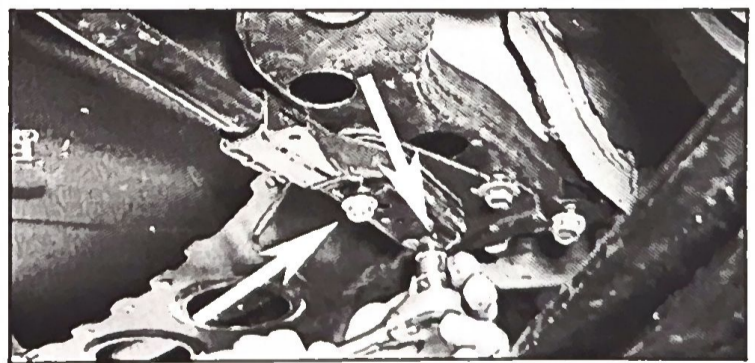
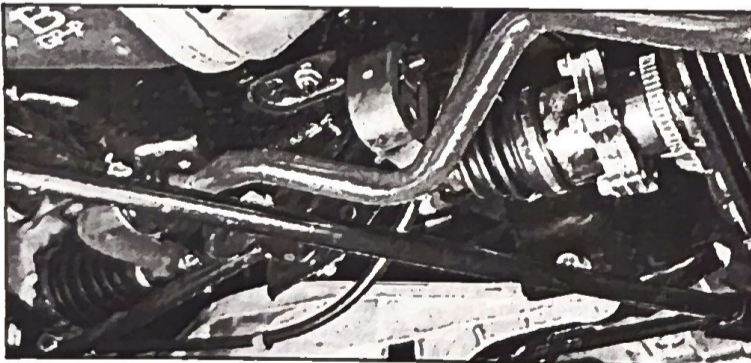
5. THE CENTER EXHAUST SECTION WILL BE DROPPED AND REMOVE THE 2 BOLTS ON THE REAR CROSS BRACE BRACKET FOR CLEARANCE.



6. REMOVE THE NUTS ON THE END LINKS CONNECTING THE FACTORY REAR SWAY BAR. REMOVE THE 2 NUTS THAT ATTACH THE SWAY BAR BRACKET TO THE FRAME. REMOVE SWAY BAR BEING SURE TO SAVE THE OLD SWAY BAR BRACKETS AND BUSHINGS.



7. POSITION THE OLD SWAY BAR BUSHINGS IN APPROXIMATE LOCATIONS ON THE STILLEN SWAY BAR. LIFT BAR INTO POSITION AND ATTACH SWAY BAR BRACKETS TO THE FRAME. TORQUE SWAY BAR BRACKET NUTS TO 20-29FT-LBS. INSTALL END LINKS AND TORQUE TO 37-44FT-LBS. TORQUE THE REAR CROSS BRACE BRACKET NUTS TO 10-14FT-LBS.



8. RE-INSTALL YOUR EXHAUST AND TORQUE THE EXHAUST TO 55-65FT-LBS.

